

Book changes life course for Peta

WHEN 37-year-old Peta Jones walked away from her marriage, she was left with two young children and a life she described as a "big black pit".

Left with what could fit in her handbag, Ms Jones' health deteriorated, her weight plummeted to 38kg, and she had no income, no home, and no ability to support herself.

Ms Jones, from The Gap, said she had lost her self-esteem, her belief in herself and her will to live.

However after reading *The Journey* by Brandon Bays, Ms Jones said her life changed forever.

The Journey was noted for its success in healing emotional and physical blocks, life challenges, and serious illnesses.

Before reading it, Ms Jones and her children moved into her mother's concrete garage under her unit.

"It wasn't much, but it was home," Ms Jones said. "I felt so ashamed."

"I made the decision to become financially secure and I am setting up my own business."

"Life has such a beautiful way of helping and support-



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■ Book saves ... Peta Jones had a life change.

ing you if you are open to receive the messages."

From smoking 66 cigarettes a day and drinking alcohol continuously, Ms Jones decided to attend a *Journey* Intensive two-day workshop which she said

lifted her depression and her will to live returned.

■ *The Journey* is offering a two-day intensive course in Brisbane on November 3-4. Email peta@ourunlimitedpotential.com or phone 0403 161 794.

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NOVEMBER 2007

EVERYTHING THAT'S IN

November at Indro means one thing, the start of Christmas. The decorations go up, Santa arrives and the festivities begin. See the dates below for all the activity and hope you enjoy what we have for you.

MOVERS AND SHAKERS

Look out for two new retailers opening this month. Hanaichi specializes in Japanese fine food, located in the foodcourt, Level 3 and 'I Contact', specializing in all your optometry needs, Level 3.

WHO'S IN THE COMMUNITY?

- 5-9 School Performances. Come and see our local schools showcase their talented students when their school bands and choirs perform at Centre Stage, Level 1. There are various performances throughout the week.
- 5-10 Celebrating Remembrance Day 2007, the Indooroopilly/Sherwood RSL will be in the Centre. Volunteers will be located in the foodcourt and at the Information Desk, Level 3.
- 12-18 The Abused Child's Trust will be in the Centre raising money and awareness for their Christmas Star Hearts campaign. Visit their display located outside HMV, Level 3.
- 24 Help support the Royal Children's Hospital Burns Unit by purchasing a Queensland Firefighters calendar. Visit the firefighters outside HMV, Level 3.

WHAT'S TO SEE AND DO?

- 3 Chris Lilley the creator, writer and star of the hit ABC series Summer Heights High will be signing merchandise at the ABC Shop, Level 3 from 10.30am.
- 8 Kerry O'Keefe will be signing copies of his new book "Turn, Turn, Turn...Please" at the ABC Shop, Level 3 from 6pm.
- 12-1Dec Gift with purchase. Spend \$20 or more in any specialty store or \$50 or more in Woolworths, and receive a free costume jewellery gift. Located at the Information Desk, Level 3. Conditions apply.
- 17 Santa arrival. Every child's favourite person will be arriving, followed by a huge parade of all his friends. There will be Mrs Claus, Rudolph, fairies, elves and lots more. There will be entertainment, giveaways, face painting and carollers singing your favourite Christmas songs. It all starts at 11am near Kmart, Level 3.
- 17-24Dec Santa Photos. Capture that special moment between Santa and your child with beautiful digital photos which are ready to be taken home instantly. Each child in a purchased photo receives a free plush toy gift. Santa visits and photos available 10-4pm daily. All photos purchased come with a free reusable Indro bag.

ENVIRONMENTAL TIP

Leaving appliances such as toasters, microwaves or computers on standby continues to use electricity, and can cost as much as \$100 a year. Switch appliances off at the wall when not in use.

We hope you enjoy the beginning of the festive season and look forward to talking to you again soon.



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